



If you are having trouble with your feet you can get in touch with us at:



Podiatry  
First Floor Admin Block  
St Mary's Hospital  
Green Hill Road  
Leeds LS12 3QE



0113 305 5155



[www.leedscommunityhealthcare.nhs.uk](http://www.leedscommunityhealthcare.nhs.uk)



# Nail surgery

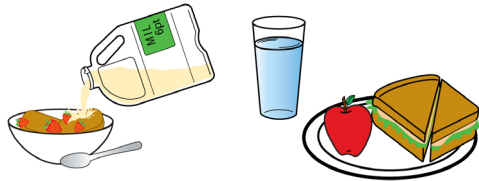
## Information leaflet



**Podiatry service**

## Before the procedure

✓ Eat breakfast or lunch



✓ Bring any medications with you

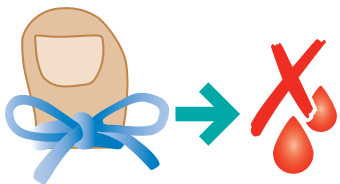


✓ Bring open toe sandals to wear



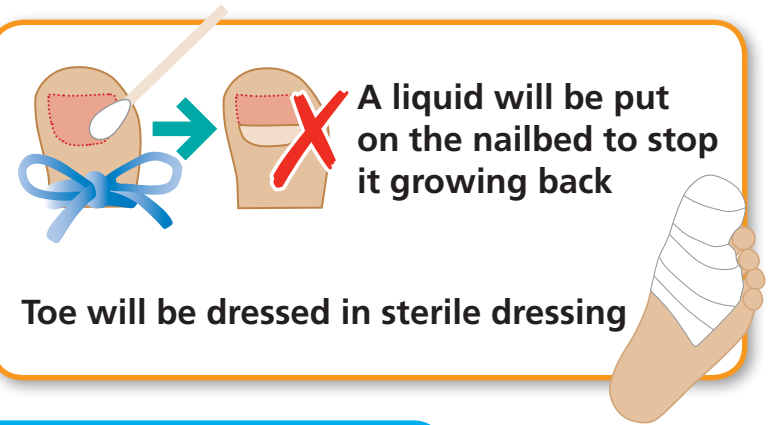
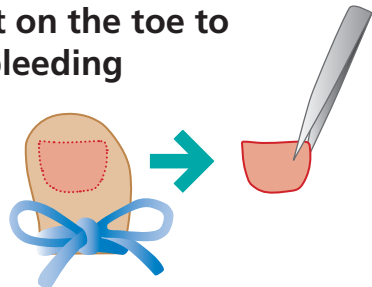
## During the procedure

You will have an injection in your toe to put your toe to sleep



An elastic band will be put on the toe to stop bleeding

The podiatrist will remove the nail



## What happens after

Leave your dressing on

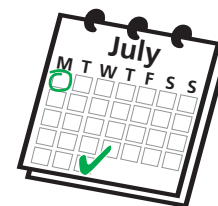


Keep your toe dry

Rest your foot that day



No sport until it's healed



Will take between 4-8 weeks to heal

The podiatrist will review it regularly

