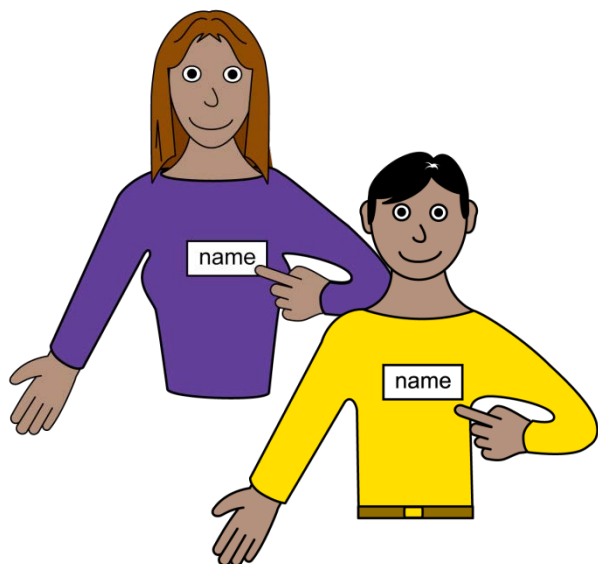




# Communication Profile



# Name



Insert photo



# 1. I show my feelings by:-

**For example:** Humming – self soothing, Facial expressions, Body language, Being vocal, Banging my teeth together, Body movements





## 2. I communicate by:-

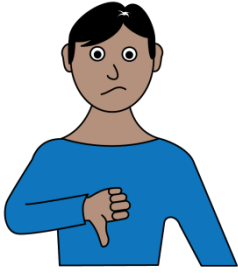
**For example:** Different vocal sounds, loud and continues la, la, la, sounds when I am feeling uncomfortable and require support from staff, e.g. thirsty, hungry, continence needs, position, change of environment or attention.

Smiling, usually when I am happy or amused in a social setting.

I will laugh occasionally at appropriate moments when socialising.

I will bang my teeth together usually when I am thirsty or may want food or sweets. If my vocal sounds become louder and I show aggressive facial expressions, accompanied by vigorous rocking motions – this may mean that I am in pain, or angry in my surrounds or being ignored.

I hum when content and happy.



### 3. Things I don't like:-

**For example:** Very loud noises. Cold wind and rain. Being on my own for long periods, when I am vocalising for attention and being ignored. Being uncomfortable. Being rushed.

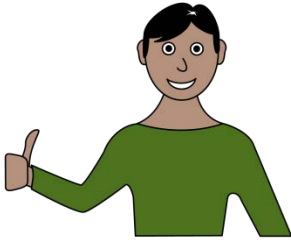




## 4. I will show you things I do not like by:-

**For example:** Refusing to open my mouth for food and drink. Facial expressions, showing anger and vocalise very loudly and rock vigorously in my chair. Being rushed with my food, I eat very slowly and like my food warm.  
Refusing to co-operate with my support staff. I may kick my legs out.  
Facial expressions and body language.





## 5. Things I like:-

**For example:** Aromatherapy. Hand, foot and leg massage. Hydrotherapy. Compliments on my appearance. Classical music. Jazz and swing. Italian and Indian food (spicy food). Bath time pampering. Socialising in kitchen. Feeling different sensory objects and things that make a subtle noise. Like clapping one hand in another person's hand. Banging feet against objects.

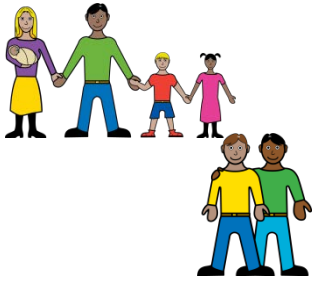




## 6. I will show you I like things by:-

**For example:** Appropriate touch. Facial expression. Body language. Smiling and occasional laughing. Making humming noises.





## 7. People important to me:-

**For example:** Aunty. Brother. Support staff who know me well.







## 8. Things I like to do:-

**For example:** Sit in the sun outside. Quiet shopping areas. Everything at my own pace. Warm holidays. Church. Live music (Jazz, Classical, Jazz Cafe). Bath time pampering. Massages. Restaurants. Socialising. Visiting Aunty.

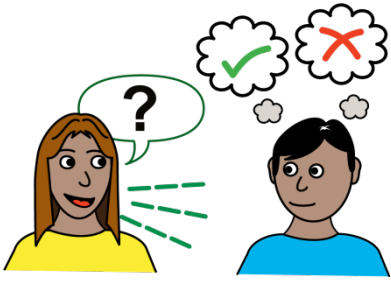




## 9. Things that might upset me or make me cross:-

**For example:** People not telling me what is happening. If I am in pain or uncomfortable. People trying to rush me. If I am thirsty or hungry. Very noisy environments. If I am cold or wet. Being ignored when I am vocalising.

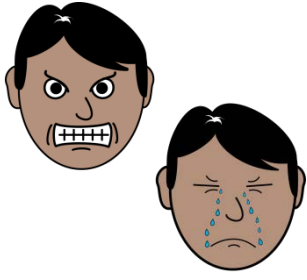




## 10. I find it easier to understand you if:-

**For example:** You prompt me verbally with simple instructions. Tell me what is about to happen and what you would like me to do. Use appropriate touch to guide me. Reassure me of what is happening if I react crossly.

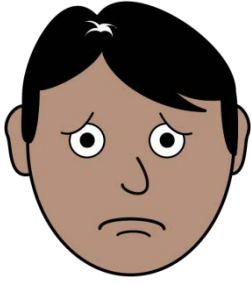




## 11. When I get upset/cross it is helpful if you:-

**For example:** Reassure me you are there. Try to assess what I want by asking and eliminating basic needs e.g. drink, food by observing my facial and vocal reactions. I usually go quiet when you get to what I want. If it is the environment I am in ask where I would like to go e.g. bedroom, kitchen. If I indicate I am uncomfortable by wriggling then offer me personal care.

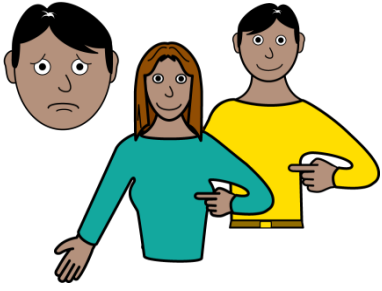




## 12. If I am frightened I will:-

**For example:** Vocalise very loudly and show fear in my facial expressions and body language.

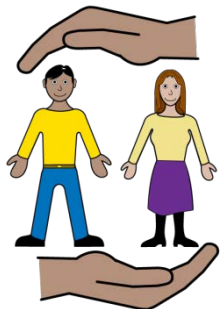




## 13. Things that frighten me:-

**For example:** People touching me if I am not aware that they are they. Loud noises. Very crowded spaces.





## 14. I will show you I need personal care attending to by:-

**For example:** Lifting my body weight up in my seat. Vocalising to show my discomfort. Wriggling in my chair.



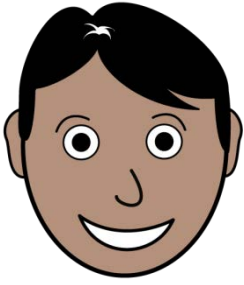


## 15. I will show you I am in pain by:-

**For example:** Vocalising loudly and rocking in my chair. Facial expression. Growling sound.







## 16. I will show you I am excited/pleased to see you by:-

**For example:** Touch you. Smiling. Turning my face towards you.





## 17. I will show you I am not interested in something by:-

**For example:** Turning my face away. Vocalising what appears to sound like 'no'. Facial expression bland/uninterested.





## 18. I choose to do something by:-

**For example:** Not vocalising. Positive facial expressions. Smiling. Touching.



