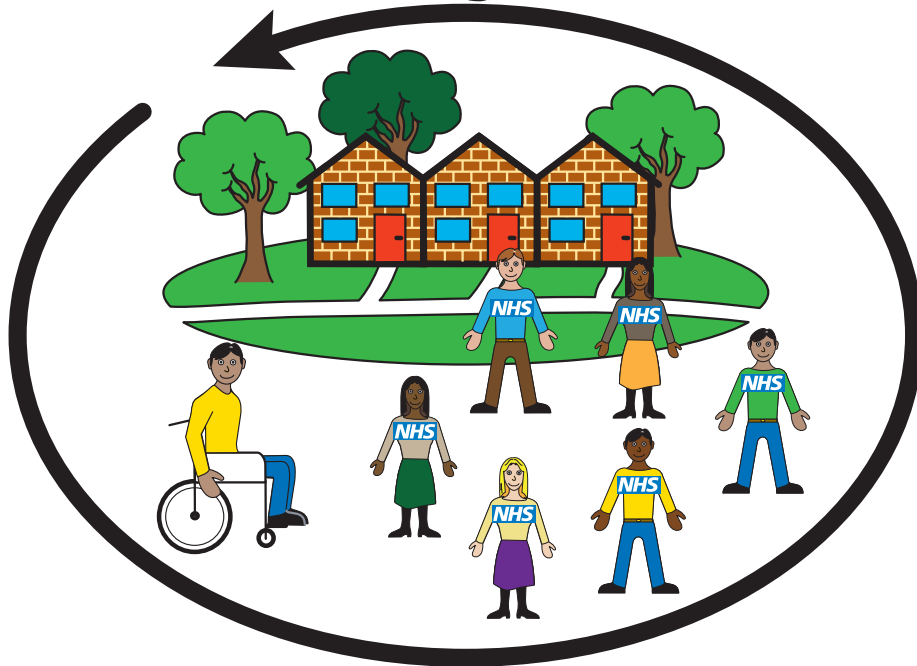


information



# community learning disability teams

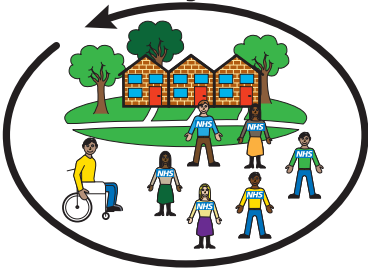
## community learning disability teams



# LDS

Learning Disability Service

## community learning disability teams



## WHO ARE WE

The Community Learning Disability Team provides a specialist service to adults 18 and over with a learning disability and complex health needs.

## referral

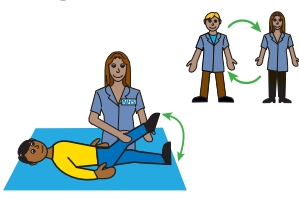
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## HOW TO USE THE SERVICE

- The service has one point of referral with one form to fill in.
- We take referrals from families, carers, other agencies and help with access to a range of services.
- All referrals will go to the trust referral administrator who will pass it onto someone who can help.

The following information outlines who are in the teams and the service we provide:-

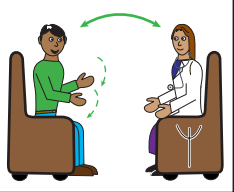
## physiotherapist



**Physiotherapists** can help people by:

- Supporting them with their physical needs.
- Assessing.
- Planning care.
- Advise and monitor service users and carers to manage physical needs.

## psychology



**Psychologists** can help people by:

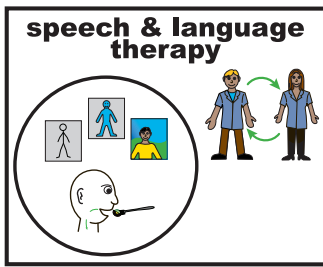
- Assessment, and individual, family or group therapy for service users.
- Advice, support and consultation for staff/carers.
- Teaching and training.

## psychiatry

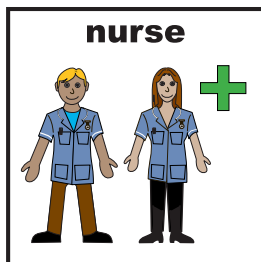


**Psychiatrists** are doctors who specialise in mental health problems, they help people by:

- Diagnosing and treating mental disorders eg: depression, dementia, anxiety and psychosis.



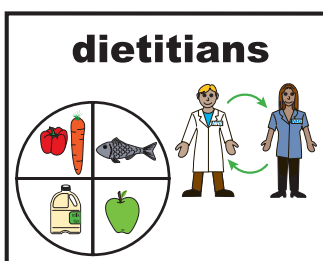
- Speech and language therapists** can help people:
- Communicate including those who seem to have no way of expressing themselves.
  - Who have difficulties eating and drinking safely.



- Nurses** can help people by:
- Promoting emotional and physical health through direct care, support and liaison with health and social care agencies by:
    - Assessing.
    - Planning care.
  - Co-ordinating and implementing health care through specialist and mainstream services.



- Occupational Therapists (OT's)** can help people by:
- Finding out what difficulties they may have in carrying out everyday activities eg:
    - Washing, dressing, bathing, eating.
    - Shopping, budgeting, housework
    - Using transport.
    - Hobbies and interests, voluntary or paid work.



- Dieticians** can help people by:
- Providing a consultative service.
  - Assessing, advising and monitoring complex nutritional needs of individuals.
  - Training others to identify and give first line advice to manage nutrition problems such as weight and diabetes.
  - Providing guidance e.g. food choice, menu planning.

## How to contact us?

Through the Referral Administrator Locality



**Referral Administraton Office**  
**Leeds and York Partnership NHS**  
**Foundation Trust**  
**Becklin Centre**  
**Alma Street**  
**Leeds**  
**LS9 7BE**



Telephone Enquiries  
Referral Administrator

Tel: **0300 300 1485**

Fax: **0113 3056856**

Minicom: **0113 3056656**