



# Improving the uptake of Learning Disability Annual Health Checks in Leeds

As part of work to improve the health of people with learning disability in Leeds, a two year CQUIN, commencing July 2014, has been agreed between the Leeds CCG's and Leeds and York Partnership Foundation Trust's Learning Disability Service. Three community learning disability nurses have been seconded for 2 days a week to support the Learning Disability Enhanced Services in general practice.

- We aim to work in line with the LD ES guidance to look at the existing LD register and offer support to identify all people eligible for a health check, ensuring that the register is as comprehensive as possible.
- We will look at the current process for offering health checks and health action plans. We will gather information about the numbers of health checks and health action plans offered and the health needs identified during the checks.
- We will look at barriers to health care and ways to improve the health check process and make reasonable adjustments to improve access to health care such as easy-read letters or longer appointment times.
- We can provide information and resources to develop easy-read invite letters and health action plans. Promote the use of health check questionnaires such as "My Yearly Health Check" that will provide important health information to support the health check.
- We will be involved in delivering learning disability specific training to practices who have signed up for the ES.

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## Useful Contacts

**Leeds and York PFT single point of access.** To make referrals to the CLDT and mental health services **Telephone: 0300 300 1485**

**Leeds City Council Adult Social Care** For all social care needs  
**Telephone: 0113 2224401**

**Sadie Dunne** Lead Nurse Learning Disabilities, Trust HQ St James Hospital, Beckett Street Leeds **Telephone: 0113 2066405**

**Your Health Matters Leeds** and **easy on the i.** Information about health and accessible resources **[www.yourhealthmatters-leeds.nhs.uk](http://www.yourhealthmatters-leeds.nhs.uk)**

**Easy Health.** Health leaflets and videos for people with LD and professional **[www.easyhealth.org.uk](http://www.easyhealth.org.uk)**

**Through the Maze.** A directory of services, developed by Mencap **[www.through-the-maze.org](http://www.through-the-maze.org)**

**Leeds Mental Health Directory.** Information for mental health, resources, directory and guide **[www.leedsmhdirectory.co.uk](http://www.leedsmhdirectory.co.uk)**

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