

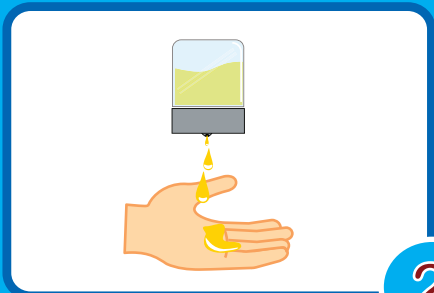
# how to clean your hands

wet your hands with tap water



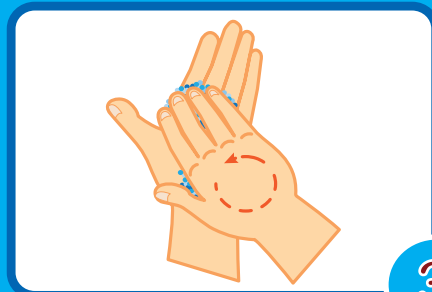
1

apply enough soap to cover all your hands



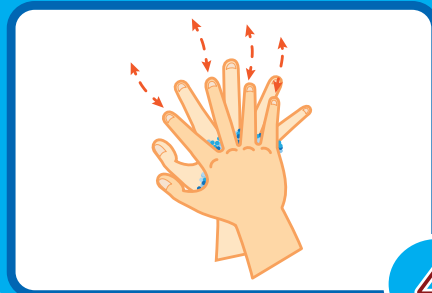
2

rub hands palm to palm



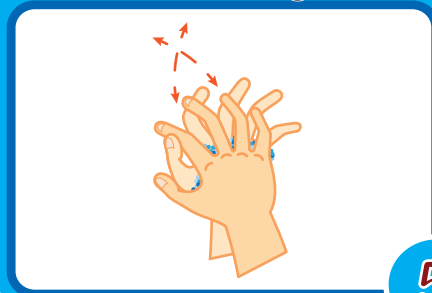
3

rub back of hand and between fingers



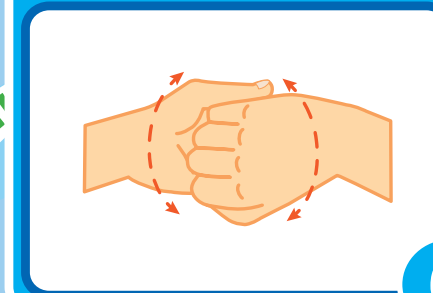
4

rub palm to palm between fingers



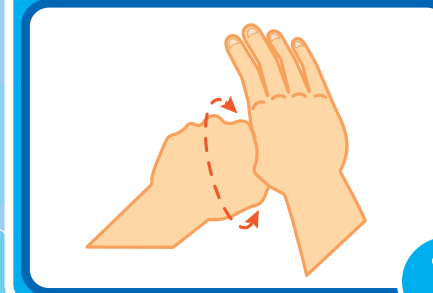
5

rub with backs of finger



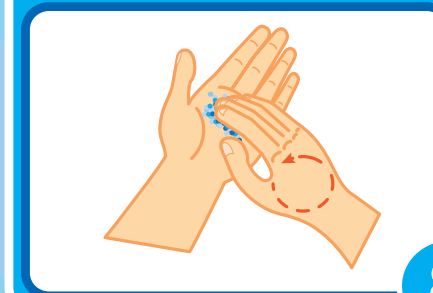
6

rub each thumb cupped in other hand



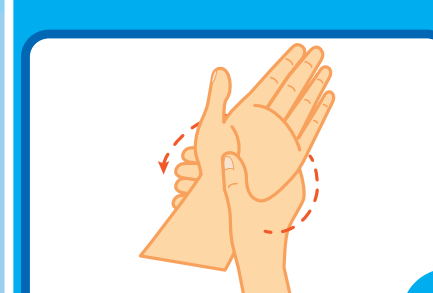
7

rub tips of fingers in each palm



8

rub each wrist



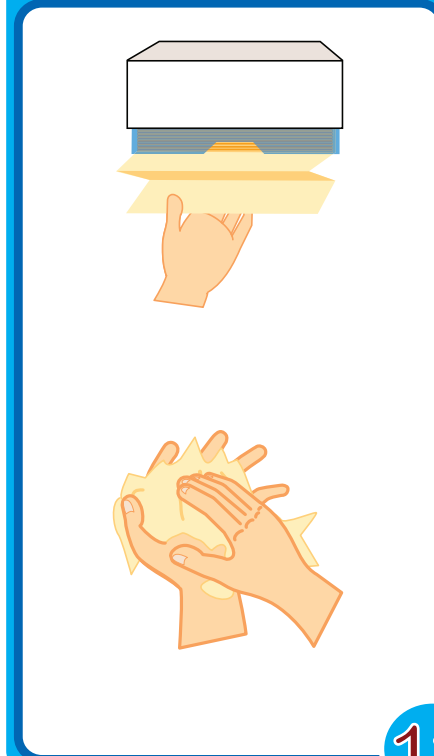
9

rinse hands with water



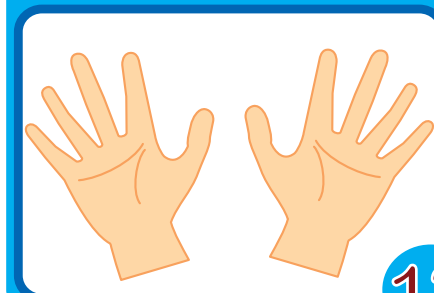
10

dry hands with a single towel



11

your hands are clean and safe



12